



## R7AU Virtual Meet

March 21, 2021

Virtual: Pre-recorded Video Submission Format

Live Stream Judging Begins **10AM** Via Zoom  
Judges Meeting Begins **9AM** Via Zoom

Register now for easy access to [LIVE STREAM](#)

**LEVELS: TWO - SENIOR ELITE**

### PROVISIONAL SCHEDULE:

3:00pm – Wed, 3/17, Video Submissions Start  
3:00pm – Sat, 3/20, Video Submissions End  
10:00am – Sun, 3/21, March-in, National Anthem  
10:15am – Sun, 3/21, Start of the competition

### REGISTER GROUPS ON-LINE (now open):

<https://usagym.org/app/meetRegistrants.html?id=78333>  
Register and upload tariff sheets to OTSM  
due before **11:59 PM, March 12**

### Upload Video Submissions HERE

Video Requirements: ([Acrobatics Virtual Playbook](#), pg. 6)  
Record ORIGINAL Routine 3/17-3/20, upload by 3 PM 3/20  
Label video files: [click here for format](#)

*Videos are uploaded to coach's Google drive and then, shared to R7AU drive.  
Videos can be deleted at any time per coach's discretion.  
Shared drive will be visible only by meet directors for up to 14 days after competition.  
Zoom Live Stream will **NOT** be recorded, we have selected only USA access to Zoom Live Stream. Zoom Live Stream is open and viewable to the public.*

### MAIL CHECKS PAYABLE TO R7AU:

Lauren Shields / R7AU Meet Treasurer  
6508 Hazel Thicket Dr.  
Columbia, MD 21044

**Please include list of athletes with check**  
**\$40 first event, \$15 second event / per athlete**

**PAYMENTS DUE BEFORE MARCH 17**  
Payments are Non-Refundable after March 17

- Awards will be announced following each session
- Awards to be mailed to respective clubs at the conclusion of the event
- All participating clubs must follow local COVID health and safety guidelines.
- Gymnastics facility requirements: ([Acrobatics Virtual Playbook](#), pg. 3)

**Hosted By**  
R7 Acro United  
[info.r7au@gmail.com](mailto:info.r7au@gmail.com)

### Meet Directors

(USAG Sanction Oversight)  
[Jackye Herzfeld](#)  
[Kim Leach](#)

(Virtual Format Oversight)  
[McKena Jones](#)  
[Julie Martin](#)

### Meet Location

Zoom Link

Meet Website

### Admission: FREE



USA GYMNASTICS

**ORDER YOUR  
MEET GEAR**

*All profits from R7AU Virtual Meet will  
be 100% invested in Spring 2021  
opportunities for athletes in Region 7.*

### EVENT PHOTOGRAPHY & RECORDING NOTICE

By attending this event, you agree to be photographed and/or filmed and give your permission to use your likeness in R7AU promotional and/or marketing materials.

