

# Region 7 Virtual Blocks Competition

**Zoom Link for all scheduled competitions:** <https://zoom.us/j/5025095907?pwd=ZmFMTCSxTnp5eFlrbjY2MEF6K3NTQT09>

Zoom will say "McKena Jones' Personal Meeting Room"

## Southern States

OSEGA, Atlantic Coast, Ultimate Acro, Spotlight

Level	Age Group	# of athletes	Scheduled Day	Scheduled Time
Bronze	9U	6	Saturday	11:45-12:35
Bronze	10+	5	Saturday	12:40-1:20

## Central States

Xtreme Acro, EAGC, 1st Class Gymnastics

Bronze	All ages	8	Saturday	2:00-2:40
Silver	All ages	7	Saturday	2:45-3:25
Gold	All ages	8	Saturday	3:30-4:10
Platinum	All ages	2	Straight to Finals	
Diamond	All ages	1	Straight to Finals	

## Northern States

Indigo, Paramount, RSGA, Gymnastics Unlimited

Bronze	9U	4	Sunday	11:45-12:35
Bronze	10+	4	Sunday	12:40-1:20
Silver	All ages	3	Straight to Finals	
Gold	All ages	2	Straight to Finals	

## Finals

1st place athlete from each age group and then the next highest score(s) to a max of 3 per region per level

Bronze	All ages	9	Sunday	2:00-2:40
Silver	All ages	6	Sunday	2:45-3:25
Gold	All ages	5	Sunday	3:30-4:10
Platinum/ Diamond	All ages	2	Sunday	4:15-4:55

## Directions

### Before Competition:

1. Be sure you have reviewed your tariff sheets for no errors
2. Please test your location to be sure the judges can see all of your skills
3. Please wear a leo and hair as you would to a competition

### Competition Time:

1. Find your athletes day and time for qualifications
  2. Login to zoom no sooner than 5 min before your scheduled time
  3. \*\*\*Athletes need to make their names as follow on zoom: First Last\*\*
- Please make sure there are the two stars so we can tell between spectators and athletes
4. Wait until your name is called and the judge salutes you before starting your routine
  5. Please stay on the zoom until everyone is finished
  6. Scores will be posted once everyone is finished

### After:

1. You will be notified by email if your athlete has qualified for the finals competition
2. Score sheets will be sent out following the competition

### Other:

- Anyone can logon to the calls to watch- coaches, families, etc
- Tariff sheet changes can be made until Saturday morning at 9am
- Please email [mckena@ultimateacro.com](mailto:mckena@ultimateacro.com) if you have any questions