

	Level	Skills	Routines	Scoring		
Compulsory Levels	2	Set Skills	One Combined routine	Set music and choreography	Difficulty (Base 10)	Execution
	3					
	4					
	5					
	6	Set skills in order		Optional music and choreography		
	7	Skill choices in any order				
Optional Levels	8	Uses JO Code of Points	Greater Skill Choices	Balance and Dynamic Routines	D v 15-30 B v 15-30 D v 35-55 B v 35-55 D v 0.5 B v 0.5 D v 0.7 B v 0.8 C v 1.0 D v 1.1 B v 1.2 C v 1.4 D v 1.1+ B v 1.2+ C v 1.4+	Artistry
	9	Uses FIG Tables of Difficulty	Use the FIG Tables for skill selection	Balance and Dynamic Routines		
	10		Balance Dynamic and Combined Routines			
	Age Group 11-16					
	Jr Elite 12-18					
	Jr Elite 13-19					
	Sr Elite					

WHAT ARE THE LEVELS

