

Competition Leotards

Page 56 of Rules and Policies

Skirts must cover, but not fall further than the pelvic area of the leotard, tights, or unitard.

- 1) The style of the skirt (cut and decoration) is free, but the skirt must always fall back on the hips of the gymnast.
- 2) Ideal skirts are fitted close to the body, do not have several layers that separate, follow the line of the leg and cut of leotard, be attached at the sides, include a design on the leotard underneath.
- 3) The look of “ballet tutu”, “island grass skirt” and “dress style” is forbidden.
- 4) The skirt must be integrated into the leotard (it cannot be removeable).

All attire must be modest including the use of proper undergarments. The cut of the leg of the leotard must not go above the iliac crest (hipbone) during any point of the exercise. The back of the leotard must not go below the scapulae (shoulder blades) or the neckline no further than half sternum in the front. Lace and transparent material on the torso must be fully lined.